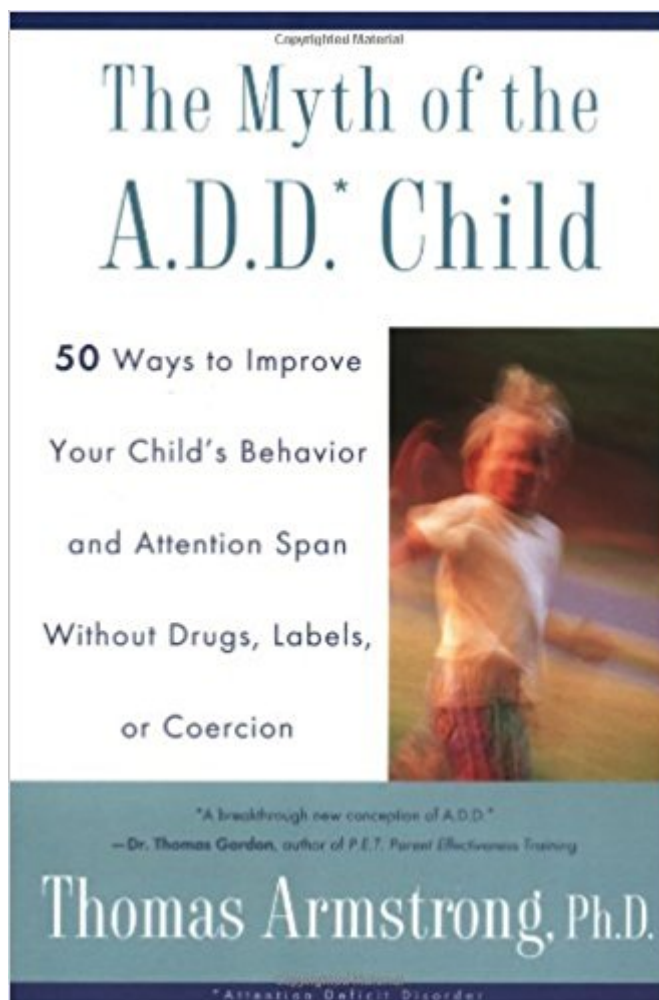


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# The Myth Of The A.D.D. Child: 50 Ways Improve Your Child's Behavior Attn Span W/o Drugs Labels Or Coercion



## Synopsis

In this controversial and provocative book, Dr. Thomas Armstrong confronts America's obsession with Attention Deficit Disorder. With more than one million children diagnosed with ADD, the condition has gained national attention on talk shows, magazine covers and The New York Times bestseller list. Dr. Armstrong, well-known for his writings on parenting and education, presents the very real argument that ADD may, in fact, not exist. He believes that many behaviors labeled as ADD are simply a child's active response to complex social, emotional, and educational influences, and that by tackling the root causes of a child's attention and behavior problems "rather than masking the symptoms with medication and behavior-modification programs" parents can help their children begin to experience fundamentally positive changes in their lives. This groundbreaking book provides parents and professionals with 50 innovative and proven strategies they can use to help children overcome their attention and behavior problems. His checklist helps parents decide which strategies are most appropriate, and hundreds of resources, including books and organizations are included. The Myth of the A.D.D. Child offers much needed practical help to both parents and professionals.

## Book Information

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## Customer Reviews

Praise for 7 Kinds of Smart "A book that helps people to discover and unleash their own intellectual strengths." —Howard Gardner, Ph.D., author of "Frames of Mind" "A rich dish of ideas for exploring those other ways of becoming more intelligent | ways that are so often

neglected in our culture. • "Betty Edwards, author of *Drawing on the Right Side of the Brain* • Makes a major contribution to our understanding of the wide scope of intelligence. • "Muriel James, co-author of *Born to Win* and *Passion for Life*

Thomas Armstrong, Ph.D., is a psychologist, learning specialist, and consultant to educational groups around the world. He has written for *Family Circle*, *Ladies' Home Journal*, and *Parenting* magazine, and is the author of nine books, including *Awakening Your Child's Natural Genius* and *The Myth of the A.D.D. Child*.

As the parent of a child labeled ADHD and as someone who has spent the last 18 months researching this condition, I found this book to be the best I have come across yet. Unlike the first review listed here, I did not get the impression that this book blames bad parenting for the condition. It is touched upon early in the book as a probable cause of some of the behaviours, but it is definitely not what this whole book is about. Thomas Armstrong give us several very workable strategies that are more compatible with different learning styles. He does not swing too far to the left or right, but rather encourages us to stand back and use reason and understanding and not to be caught up in the opinions of the closed-minded disorder model. He does not totally condemn nor does he fully endorse the use of medication, again he shows us how to use reason to determine if and when medication should be used. Not only do his strategies work for these "labeled" children, but many of them are excellent strategies that we all could make use and would be of benefit to even "normal" children. I would highly recommend this book to all parents of children who have been saddled with the label of ADD/ADHD. This book should be mandatory reading for all teachers. It should be part of the program during teachers college.

Highly recommended for any parent navigating raising a child with ADHD.. provides good insight into ADHD and provides parent with helpful information into making the right decisions for their own child. An easy read, one I moved through quickly and was glad I spent the time on!

Honestly, I was expecting something a bit different than what is provided in the book. If you know anything about ADD than this book is really just common sense things. I was hoping for some new games or activities that would help with behavioral attention- things the child with ADD could do, but that was not what was provided. It is a good read though, if one is not familiar with ADD or things parents/counselors could do if the diagnosis is new to them.

A very interesting sensible look at children with attention "problems". A real, practical resource with lots of examples. Well worth reading. I received the book earlier than expected and received lots of info about the progress of the purchase. Highly recommended- both book and supplier.

This product provides excellent information. Recommended for both clinicians and parents.

This book provides brief overviews and introductions to a variety of approaches to handling ADD/ADHD symptoms and their sources. This ranges from healthy parenting and educational strategies to healthy diet and alternative medicine approaches. The book avoids overtly criticizing the pharmaceutical paradigm or some common disciplinary approaches, and does not go into much depth about many of the interventions it examines. However, this is a good introductory book for those who are looking for ways to deal with their child's difficulties and don't want to drug their kids into temporary submission or use unhealthy threats, intimidation, or corporal punishments to control behaviors. I have a self-published text that addresses this topic to some extent, going into more depth in some areas and more thoroughly examining the hazards and illogic of common approaches to ADD/ADHD.

I bought this book because so many people I know, including my husband & sons, have ADD or ADHD, or similar behavior at times. I don't need it greatly for myself since my sons are grown, but the attention deficit continues in many ways throughout their lives. The author doesn't have to believe in the diagnosis processes and legitimacy to make good suggestions for handling ADD behavior. I have people close to me and not as close whose children, sometimes their own selves, have behavior that I could learn better how to deal with. For both my relatives and friends, I want to be as positive as reasonable while still dealing with inattentiveness--which can be very frustrating and lead to a negative response---something they get far too often from people who don't understand or are just worn out with the behavior.

A must read for parents who think their child had A.D.D or ADHD. What motivates a parent to seek medication rather than behavior modification? Is the parent controlling? Does he or she interpret a child's wanting to do something other than what the parent suggests as being rude to a parent? Is the parent the diagnostician? What alternatives have been tried? Parent training? Is the child not what they expected: always questioning, preferring to do something other than what you

suggest?. This diagnosis must be made by a doctor who is board certified to prescribe medication and at least two source OUTSIDE the home must fill out questionnaires to corroborate the child's behavior. Are the side effects of medication worth the possible change of a child's behavior? What are the risks of medication? insomnia, tics, insomnia.

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